PROJECTS ABROAD.

Community Development for Teenagers in

Vietnam

Community work, personal development, and cultural immersion



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SUSTAINABLE DEVELOPMENT GOALS



Trip highlights:

- Join a wide range of locally-led community projects designed to tackle real issues, including river cleaning, recycling workshops, and more.
- Enjoy a unique experience where you'll do something different every day, designed to develop your skills and give you the edge in future university and job applications.
- Fully immerse in Vietnamese culture through food, activities, and traditions, with a tranquil weekend excursion to the incredible Ha Long Bay.
- Develop your confidence, independence, and global perception as you are introduced to new traditions and lifestyles.

LENGTH
14 Days

SUPERVISION
24/7

TRANSPORT
Boat, Bus

ACCOMMODATION
Hotel

SERVICE
30 hours

Overview

The following is included in the cost of your trip (subject to change).








Service & Learning

Environmental outreach
- Lake and canal cleaning
- Soap recycling initiative
- Textile upcycling workshop with local artisans
- Environmental workshops and awareness activities in schools

Local economy
- Gardening at a farm
- Visit to local businesses

Education
- Traditional arts and crafts
- Reading books
- Singing educational songs
- Role-playing

Workshops
- Vietnamese language lesson
- Environmental challenges introduction
- Learn about recycling actions in the city from NGO staff
- Bamboo products creation
- Silk weaving and chopstick making
- Guided reflection

Culture & Learning

- Boat cruise through Ha Long Bay
- Kayaking and sunset at the bay
- Bicycle ride through Mai Chau's rice fields
- Imperial Citadel of Thang Long visit
- Hanoi Military History Museum
- Water Puppet Theatre show
- Old Quarter 'walking street': night markets, games, and street performers
- Village tour
- Cooking class
- Quiz night

Logistics

- Airport transfers in Vietnam
- Orientation and tour of cities
- Travel in country
- Pre-departure support
- 24/7 support from local staff
- Emergency assistance

Food/Accommodation

- Three meals a day (all diets catered for)
- Drinking water
- Hotels



Days 1 - 2

Arrival

Land in the sprawling capital city of Hanoi, home to more than eight million people. Our staff will meet you and pick you up from the airport, helping you settle into your accommodation and showing you around your new surroundings.

They'll then provide a comprehensive induction session to help you feel at home. This will cover the key information about your journey with an introduction to the culture, and they'll also help you exchange your spending money.

Plus, you'll get a walking city tour, taking you to the stunning sights of Hoan Kiem Lake, French Quarter, and Old Quarter. See temples, markets, and more up close in this beautiful city.

Lastly, enjoy a delicious dinner using local ingredients and flavours to set you up for success throughout the week. Test your knowledge of Vietnam with a quiz night alongside your fellow participants.

Day 3

History & culture

Dive into the history of Vietnam with a visit to the Imperial Citadel of Thang Long and the Hanoi Flag Tower.

In the afternoon, enjoy a basic Vietnamese language lesson and a workshop on local environmental challenges, helping you prepare for your upcoming volunteer work.





Days 4 - 6

Environmental work

Connect with a local NGO to learn about recycling textiles, and help create craft products under the guidance of local artisans. Work with a charity to make products for the community, using recycled hotel soap. You'll also join local volunteers to help to clean the lakes, parks and canals.

You'll also learn about the Vietnam War at the Hanoi Military History Museum, watch a traditional water puppet theatre performance with live music, test your general knowledge during a quiz night, and discover the city after dark with a walking tour of the Old Quarter markets.



Days 7 - 8

Ha Long Bay excursion

Travel to the magnificent Ha Long Bay and enjoy a two-day luxury cruise through the stunning scenery. Gaze up at vast karst limestone towers topped with mini rainforests, a natural wonder that has to be seen to be believed.

Explore winding cave systems filled with unique geological structures and history. Jump in a kayak and get up close to these incredible structures yourself!

In the evening, engage with a traditional cooking class before joining your friends with karaoke, squid fishing, or simply enjoying the view and relaxing on the boat.

The next morning, wake up with a Tai Chi session at sunrise, visit Hon Ti Top Island for panoramic views of the bay, and travel back to Hanoi in the afternoon to rest and relax for week two of work.



Days 9 - 13

Mai Chau

Board the bus for a three-hour trip to Mai Chau, a rural valley famous for its terraced rice fields. Start your second week with a guided village walk with a personal introduction to the local Thai ethnic groups.

Then, get involved with a range of community initiatives in the local area. Support farmers with their gardening, run an environmental workshop for children, learn about local livelihoods by visiting business owners. Visit markets and learn to cook traditional Vietnamese dishes during a cooking class.

Spend several afternoons supporting the English language education of local children through lessons and games. Also, get involved with engaging cultural activities like traditional bamboo crafts and weaving.

Travel back to Hanoi with a final wander through the Old Quarter for a chance to buy last-minute souvenirs for you and your friends back home. On your final night, have a bittersweet celebratory dinner with your newfound friends.

Day 14

Departure



Reflect on the once-in-a-lifetime journey you've undertaken as you head back to the airport. Don't forget to share your contact details with your new friends to forever remember your time in Vietnam!

Think about your new found confidence, skills, and memories during your journey — these will stay with you for the rest of your life.

Destination

Vietnam is a land of stunning natural beauty and a powerful history, often symbolised by the dragon. Much like their homeland, shaped by water and mountains, the Kinh people are adaptable and immovable, making up about 85% of the population.

Vietnam has resisted foreign domination for millennia, from a thousand years of Chinese rule to the conflicts of the 20th century, including the Vietnam war.

Today, this tenacious spirit drives one of Asia's fastest-growing economies, rapidly turning the nation into a global manufacturing hub.

LANGUAGE
Vietnamese

CURRENCY
Vietnamese Dong

NATIONAL DISH
Pho

POPULATION
101 million

TIMEZONE
GMT +7

NATIONAL ANIMAL
Water Buffalo

CAPITAL
Hanoi

COUNTRY CODE
VN

NATIONAL BIRD
Chim Lac (mythical)


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